

Open Arms Eligibility at a Glance

Open Arms provides free and confidential, nation-wide counselling and support, specialising in ADF service-related mental health conditions, such as posttraumatic stress disorder, anxiety, depression, anger, sleep disorders and adjustment disorder.

Support is also available for relationship and family matters that can arise due to the unique nature of military service.

Military-aware mental health counselling and support is available to those individuals and groups detailed in the below eligibility matrix:

Open Arms Client Eligibility 2017

Group	Individual	Dependent Child (up to 26)	Son or Daughter (over 26)	Partner	Former - Partner ¹	Parent	Sibling
Current or former serving Australian Defence Force (ADF) members who have:							
▪ World War II service	✓	✓		✓			
▪ Vietnam War service	✓	✓	✓	✓	✓		
▪ other operational service	✓	✓	✓	✓	✓		
▪ peacekeeping service	✓	✓	✓	✓	✓		
▪ hazardous service	✓	✓	✓	✓	✓		
▪ British Nuclear Test defence service	✓	✓	✓	✓	✓		
▪ border protection service	✓	✓	✓	✓	✓		
▪ Australian and overseas disaster zone service	✓	✓	✓	✓	✓		
▪ submariner service	✓	✓	✓	✓	✓		
▪ been involved in a service-related training accident resulting in serious injury to any person	✓	✓	✓	✓	✓		
▪ been medically discharged from the ADF	✓	✓	✓	✓	✓		
▪ participation in the Veterans' Vocational Rehabilitation Scheme	✓	✓	✓	✓	✓		
▪ died in service-related incidents (MRCA / SRCA)	N/A	✓	✓	✓	✓	✓	✓
▪ died by suicide or suspected suicide	N/A	✓	✓	✓	✓	✓	✓
▪ a DVA Gold Card	✓	✓	✓	✓	✓		
▪ a DVA White Card for: <ul style="list-style-type: none"> ○ accepted service related mental health conditions 	✓	✓	✓	✓	✓		
▪ a DVA White Card (non-liability healthcare) for five conditions (one day continuous fulltime service)	✓						
▪ a DVA White Card (non-liability healthcare) for all mental health conditions (one day continuous fulltime service)	✓	✓	✓	✓	✓		
▪ eligible to receive a reparation payment from the Defence Abuse Response Taskforce (DART)	✓	✓	✓	✓	✓	✓	✓
▪ F-111 Cohort through the SHOAMP scheme (Study of Health Outcomes in Aircraft Maintenance Personnel)	✓	✓	✓	✓	✓		
Certain United Nations/Australian Police approved personnel	✓	✓	✓	✓	✓		
War Widow[er]s (VEA definition)	✓	✓	✓	N/A	N/A		

Key

Eligibility prior to 1 July 2014	✓
2013 Budget Measure (1 July 2014)	✓
2016 Budget Measure (Non-Liability Health Care expansion)	✓
2016 Election Commitment (1 April 2017)	✓
2017 Budget Measure (1 July 2017)	✓
No eligibility	

¹ Former partners are eligible within five years of separation or while co-parenting a child under 18 years of age with a member listed above.